Fascial Approach to the Abdominal Viscera:  
an introductory course in visceral manipulation  
18-20 October 2019  
Michigan State University State Wide Campus

**Course Objectives:**
By the end of the course, participants will
1. Demonstrate increased confidence in physical examination of the abdomen;
2. Describe the fascial architecture of the abdomen;
3. Describe and demonstrate the principles of visceral normalization;
4. Begin to incorporate Osteopathic techniques for the abdominal viscera into their normal routine.

**Course Outline:**
Day 1:
0900-1000: Introduction of osteopathic concepts and ventral technique.
1000-1200: Physical examination of the abdomen and landmarks
1200-1300: lunch
1300-1400: Layer palpation
1400-1500: Diaphragms: pelvic and abdominal
1500-1515: break
1515-1545: Principles of treatment
1545-1700: Abdominal Cavity I

Day 2:
0900-1030: Abdominal Cavity II
1030-1045: Break
1045-1215: Peritoneum: liver, omentum, mesenteric root, retroperitoneal duodenum, rectum
1215-1300: lunch
1300-1430: Posterior abdominal wall: Kidney, ureters, vessels, posterior wall
1430-1445: break
1445-1600: Posterior side of anterior abdominal wall, including inguinal region
1600-1700: Incorporating ventral techniques into your routine
1700-1715: Concluding comments