# AGENDA

**NMM/OMM Education Conference**  
August 16-17, 2019  
MSU OMM Lab, E-106

"Introduction to Fascial Distortion Models"

**Friday, August 16, 2019**

8:30  
Registration/Breakfast

9:00-12:00  
Introduction to the FDM, History, Terminology, Fascia, The Fascial Distortions

12:00-1:00  
Lunch/Journal Club, E-4

1:00-5:00  
Theory and General Treatment

1. Triggerbands
2. Herniated Trigger Points
3. Continuum Distortions

**Saturday, August 17, 2019**

8:30  
Registration/Breakfast

9:00-12:00  
Theory and General Treatment

1. Folding Distortions
2. Cylinder Distortions
3. Tectonic Fixations

12:00-1:00  
Lunch, E-4

1:00-5:00  
The FDM as applied to:

1. Ankle
2. Shoulder
3. Hip