Orthopedics – Upper Extremity Workshops
October 3, 2018
Moderator: Mark Schury, D.O.

Course Description

Goals
Following these workshops, participants should be able to recognize and treat common orthopedic conditions of the upper extremity, and be able to stabilize and refer orthopedic problems that are beyond the scope of primary care physicians.

Objectives
1. Explain and demonstrate principles for the initial immobilization of fractures, including the use of upper extremity braces and splints.
2. Describe primary care diagnosis and treatment of common hand, wrist, elbow, and shoulder orthopedic conditions.
3. Demonstrate knowledge of appropriate indications for, and proper techniques for performing joint injections.
4. Describe and apply appropriate OMM techniques for diagnosis and treatment of upper extremity somatic dysfunctions.
5. Demonstrate proper physical exam and history taking for patients with upper extremity sports injury complaints.

Family Medicine ACGME Milestone Competencies Addressed
PC-1, PC-3, PC-5, MK-2, SBP-2, C-2

Workshop Schedule
Morning Session: 9:00 am – 12:30 pm
Afternoon Session: 1:30 pm – 4:00 pm

- Joint Injections for Upper Extremities, Jason Soffa, DO
- Techniques for Applying Braces/Splinting, Mr. Ron Snitzer, Wright –Filippis
- OMM for Upper Extremity Somatic Dysfunctions, Sarah Denham, DO
- Sports Injuries of the Upper Extremities, Stacy Frye, DO

Assessment – independent/clinic based
Following the workshop, participants should be able to demonstrate course skills at their clinical site through appropriate diagnosis and treatment of patient upper extremity injuries.