Professional Safety for EM Physicians

Director: Jennifer Stevenson, DO      Location: MSUCOM

Course Description:
This active hands-on course provides training that allows emergency medicine physicians to recognize and avoid violence in the workplace, acknowledge roles as healers, understand the optics of violence in the workplace especially with the widespread use of videography and social media, practice effective non-violent approaches to dangerous situations in the emergency department and understand the importance of self-care after an experience with workplace violence.

By the end of the course, and emergency medicine resident will be able to:

- Apply the concept of safe personal space and boundaries in the emergency department.
- Recognize dangerous workplace situations.
- Apply techniques to avoid dangerous situations in the emergency department.
- Apply safe practices if engaged in dangerous workplace situations.
- Utilize distraction techniques to avoid violent situations in the emergency department.
- Utilize de-escalation techniques to avoid violent situations in the emergency department.
- Apply mindful and non-violent physical techniques when caring for agitated patients or if engaged in violent situations in the emergency department.
- Utilize self-care techniques to maintain emotional and psychological well-being.