



### Chief Resident Leadership Skills Course

*A program to equip residents to serve effectively as a chief resident and future clinical leader.*

#### **Program Description**

The goal of the SCS Chief Resident Leadership Skills course is to support the development of chief resident knowledge, skills, and attitudes in three primary ACGME competency areas; Practice-Based Learning and Improvement, Communication, and Systems-Based Practice. To accomplish this goal, SCS developed a comprehensive course comprised of independent learning assignments, self-reflection exercises, and a 1-day interactive workshop to practice application of critical skills in a safe setting of peers and experienced instructor mentors. At the completion of the course, residents will have access to a number of resources to support ongoing self-reflection and personal leadership development.

#### **Program Objectives**

By completing the course, participants will gain confidence and skills to:

- Define roles, responsibilities, and common misperceptions about Chief Residents
- Demonstrate ways to provide effective feedback to facilitate growth and enhance professional relationships
- Develop and promote personal skills for resilience and wellbeing
- Identify key strategies for challenging, guiding, leading and supporting health care teams

#### **Program Curriculum**

Participants in the program will complete initial independent learning assignments designed to provide foundational knowledge in the following topics:

- Roles and responsibilities of Chief Residents, Effective Feedback Methods
- Promoting Resident Well-being
- Team Leadership in Health Care

Following completion of the initial assignments, participants will attend a face-to-face interactive workshop where they will:

- Hear experiences and advice from former chief residents about the qualities, roles and responsibilities of chiefs
- Practice feedback communication strategies in small group role-play simulations
- Discuss unique challenges and opportunities for Chief Residents as team leaders
- Plan strategies for promoting well-being and balancing multiple demands as a Chief Resident
- Create personal development goals

#### **Targeted Audience**

The course is particularly beneficial for residents of all specialties that anticipate serving as chief residents for the 2017-2018 academic year. Initially the course can accommodate a maximum of 150 participants.

#### **ACGME Core Competencies Addressed**

**Practice-Based Learning & Improvement (PBLI):** Resident participants will engage in professional education, develop greater capacity for self-evaluation and learning through experience, create personal development goals.

**Interpersonal & Communication Skills (C):** In addition to learning to use effective teaching techniques, residents will practice managing relationships and learn to navigate the complexities of effective communication with junior peers, colleagues, other health professionals, and program leadership.

**Systems-Based Practice (SBP):** Course participants will learn about leadership styles and influence, and ways to lead change, developing an enhanced awareness of and responsiveness to the larger health care system context.

#### **Proposed Program Timeline**

The independent study portion of the Chief Resident Leadership Skills course is expected to open mid-March, 2017 and allow up to 6 weeks to complete, depending on when residents register for the course. The 1-day in-person workshop will take place on Friday, April 28, 2017.